

Naturopathic Child Intake Form

Name _____

Date of birth _____

Date _____

Sex M F

Who is filling out this form (name and relation)? _____

Contacts (in order of preference)

Name _____

Phone

Address

(H) _____

(W) _____

(Other) _____

Relationship to child

Name _____

Phone

Address

(H) _____

(W) _____

(Other) _____

Relationship to child

May we leave messages relating to your visits? Y / N Which Phone Number? _____

With whom does the child live? _____

What are your child's health concerns, in order of importance:

1. _____

2. _____

3. _____

4. _____

5. _____

Medical History

How would you describe your child's general state of health? Excellent Good Fair Poor

Please indicate any serious conditions, illnesses or injuries, and any hospitalizations; along with approximate dates:

Which of the following has your child had? Please circle if applicable.

rubella (german measles)

roseola

impetigo

measles

scarlet fever

Infectious
mononucleosis

chicken pox

whooping cough

ear infections

mumps

strep throat

Does your child have any allergies (medicines, environmental, etc.)?

Please list all current /past medications (prescription, over-the-counter, vitamins, herbs, homeopathics, etc.)

Current-

Past -

How many times has your child been treated with antibiotics? _____

Please indicate what immunizations your child has had

- | | | |
|---|--|--------------------------------------|
| <input type="checkbox"/> DPT (diphtheria, pertussis, tetanus) | <input type="checkbox"/> Haemophilus influenza B | <input type="checkbox"/> Hepatitis B |
| <input type="checkbox"/> Tetanus booster; when? | <input type="checkbox"/> "Flu" | <input type="checkbox"/> Hepatitis A |
| <hr/> | | |
| <input type="checkbox"/> MMR (measles, mumps, rubella) | <input type="checkbox"/> Polio | |

Other _____

Please indicate if any caused adverse reactions

Prenatal health

What was the health of the parents at conception?

Mother	Poor	Fair	Good	Excellent	Unknown
Father	Poor	Fair	Good	Excellent	Unknown

What was the health of the mother during the pregnancy?

Poor Fair Good Excellent Unknown

What was the mother's age at child's birth? _____

How was the mother's diet during pregnancy?

Poor Fair Good Excellent Unknown

Did the mother receive prenatal medical care? Y N Unknown

Did the mother experience any of the following during the pregnancy:

- | | | | |
|-----------------------------------|--|---|-----------------------------------|
| <input type="checkbox"/> Bleeding | <input type="checkbox"/> High blood pressure | <input type="checkbox"/> Nausea | <input type="checkbox"/> Vomiting |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Thyroid problems | <input type="checkbox"/> Physical or emotional trauma | |
| <input type="checkbox"/> Other: | | | |

Did the mother use any of the following during the pregnancy?

- Tobacco Alcohol Recreational drugs: _____
- Prescription medications: _____
- Over-the-counter medications: _____
- Supplements: _____
- Other: _____

Birth History

Term length: Full Premature: _____ wks Late: _____ wks

Length of labor: _____ Weight at birth _____

Any complications? _____

Was the birth: Vaginal/C-section Induced Forceps Anesthesia used

Did the child experience any of the following at or shortly after birth?

- Jaundice Rashes Seizures Birth injuries _____
- Birth defects _____
- Other _____

Diet

How was your infant fed?

- Breast fed. How long? _____ Formula. Milk/Soy/Other: _____
- Other: _____

What foods were introduced before 6 months? (Please list approximate month as well.)

6–12 months?

Did your child ever experience colic? Y N How severe? mild moderate severe

Does your child have any food allergies or intolerances? Please list.

Does your child have any dietary restrictions (religious, vegetarian/vegan, etc.)?

Describe a typical day's diet

Breakfast _____

Lunch _____

Dinner _____

Snacks _____

Beverages (and total quantity) _____

Health and Development

How was your child's health in the first year? Poor Fair Good Excellent Unknown

At what age did your child first:

Sit up _____ Crawl _____

Walk _____ Talk _____

Describe your child's sleep pattern

How would you describe your child's temperament? _____

How would you describe your child's behavior and performance at school?

Family History

Indicate if a close relative (parent, sibling) has had any of the following

	Who?		Who?
Allergies		Diabetes	
Asthma		Kidney disease	
Birth defects		Other	
Juvenile arthritis			

I don't know the family medical history

Do either of the parents have a chronic illness? Y N Please describe

Environment

Is the child in school , daycare , home care, other_____

What are your child's favorite activities?

Does the child exercise regularly? Y N How much, how often?

How much television does your child watch? _____ hrs a day/week

How often does your child read (not for school), or How often does someone read to your child?

- Daily Several times a week Weekly Less than weekly

Does anyone in the child's household smoke? Y N

Are there animals in the home? Y N

How is the child's home heated?_____

Do you know of any toxins or other hazards the child is regularly exposed to (home, other's work, hobbies, etc.)? Please describe.

How would you describe the emotional climate of the child's home?

Is there anything that you feel is important that has not been covered?

Informed Consent

Please note that this form must be signed prior to your first appointment.

Naturopathic medicine is the treatment and prevention of diseases by natural means. Naturopathic Doctors assess the whole person, taking into consideration physical, mental, emotional and spiritual aspects of the individual. Gentle, non-invasive techniques are generally used in order to stimulate the body's inherent healing capacity. Your Naturopathic Doctor will take a thorough case history, perform a physical examination (with your permission). If your case requires, the physical may include more specific examinations such as gynecological, rectal, prostate or genital exams. Blood work may be asked if ND feels that it is required to provide you the best care. It is very important that you inform your Naturopathic Doctor immediately of any disease process from which you are suffering and any medications/over the counter drugs that you are currently taking. Please advise your Naturopathic Doctor immediately if you are pregnant, suspect you are pregnant or if you are breast-feeding.

As a patient you will receive information about your diagnosis and/or treatment, alternative courses of action, the material effects, costs, expected benefits, risks, side effects and in each case the consequences of not having the diagnosis and/or treatment acted upon.

There are some health risks associated with treatment by naturopathic medicine.

These include but are not limited to:

- Homeopathic remedies may occasionally result in the aggravation of pre-existing symptoms. When this occurs the duration is usually short.
- Some patients experience allergic reactions to certain supplements and herbs. Please advise your Naturopathic Doctor of any allergies you may have.
- Pain, bruising or injury from acupuncture or venipuncture for blood work.
- Fainting or puncturing of an organ with acupuncture needles.
- Muscle strains and sprains or disc injuries from spinal manipulation.

Also, please remember: It takes time to get better

Some of our patients have spent many years with chronic medical problems unsolved by conventional medicine. Some are currently receiving positive and necessary treatment from one or more medical doctors or other health-care providers. Some are simply not feeling well and want to improve their general health. Whichever scenario applies to you, it is important to realize that it takes time to feel better when using naturopathic medicine. We usually tell patients to expect to visit us at least four (4) times and to expect to wait approximately two (2) months before noticing significant changes. Some patients notice changes much sooner, but as a patient, we ask you to be patient! We are confident that with the necessary information and a consistent effort from you, we can help you; but it may take some time.

I understand:

- The clinic does not guarantee treatment results.
- My Naturopathic Doctor will explain to me the exact nature of any treatment provided and will answer any questions I may have. I am encouraged to ask questions about assessment and treatment.
- I am free to withdraw my consent and to discontinue treatment at any time.
- I am at liberty to seek or continue medical care from a medical doctor or other licensed health care providers.

- I understand that Naturopathic services are not covered by OHIP. I agree to pay my full account at the time of each visit.
- I understand that a 48-hour cancellation policy is in effect. Full fees are applied if a 48-hour notice is not given.
- I understand that advice given via email will be only for clarification or information.

Patient /Guardian Name (please print): _____

Signature of Patient or Guardian: _____

Date: _____

Thank you for your time and patience to fill this form.